

Substance Use Education

Stage: First	Lesson: Emergencies and Unsafe Situations
Expected national standards for each level: Know what to do if they found someone else's medicine; describe why we need medicine; safe behaviour when taking medicines; know how to get help in an emergency.	
Substance Misuse Experiences and Outcomes: HWB1-42a I know how to react in unsafe situations and emergencies.	
Resources Required for Lesson: Images of emergency service, doctors, nurses, teachers, parents	
Main Activities: Discussion - What is an emergency? You could show images of "emergency" and "not an emergency" situations and let the children choose which side they should be on. Ask the children if they know the different type of emergency services <ul style="list-style-type: none"> • Hold up a picture of e.g. police person. • Ask the children in what situation you might call the emergency services • Ask the children if they know how to call the emergency services. What number would they call? Explain that there is a call handler/dispatcher that will send you the emergency service that you need. Ask the children if they know how to get help if a medicine has been taken in an unsafe way. Role Play – emergency situations <ul style="list-style-type: none"> • Use a (toy) phone and play an emergency situation, including dialling 999. • Ask the children to think of different emergency situations, who would they ask for help? Ask them to role play the different situations. 	