

Substance Use Education

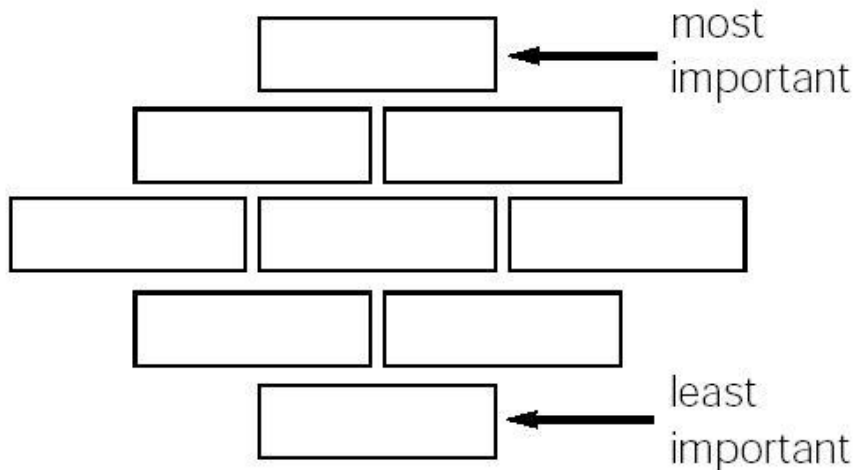
Stage: **Senior**

Lesson: **Diamond 9**

Resources Required for Lesson: Options printed onto card

Use this Diamond 9 activity to plan further substance education and prevention input with the senior young people

There are 12 example statements provided. Ask the young people to choose the most important **9** and then prioritise them in order of what they want to get from substance education, like so:



Also supply blank slips so that young people can write down any different issues they want to focus on. There are corresponding lessons aligned with the different example statements. Any others could be researched by the young people and feedback provided in plenary.

To improve our skills in making choices

To further understand the effects drugs can have

To find out about harm reduction of substances

To think about drink and drug driving

To learn about the socio economic impact of substances

To consider laws around drugs

To explore when we are being influenced by external factors

To discuss attitudes towards drugs, people who use drugs and drug use

To know what to do in an emergency

To learn about FASD (Fetal Alcohol Spectrum Disorder)

To learn about topical issues about substance use

To learn more about drugs and drug types

Use this guide to plan further session depending on what the young people identify as being important to them to learn about:

<p>To improve our skills in making choices</p>	<ul style="list-style-type: none"> • Choices for Life • Cannabis, What's the Harm • Drug use, What's the Harm
<p>To further understand the effects drugs can have</p>	<ul style="list-style-type: none"> • Drug, Set, Setting • Drug use, What's the Harm
<p>To find out about harm reduction of substances</p>	<ul style="list-style-type: none"> • Substance Use Continuum • What To Do In An Emergency
<p>To think about drink and drug driving</p>	<ul style="list-style-type: none"> • Driving Under The Influence
<p>To learn about the socio economic impact of substances</p>	<ul style="list-style-type: none"> • Socioeconomic Impact of Substances
<p>To consider laws around drugs</p>	<ul style="list-style-type: none"> • Drug Laws
<p>To explore when we are being influenced by external factors</p>	<ul style="list-style-type: none"> • Alcohol and Marketing
<p>To discuss attitudes towards drugs, people who use drugs and drug use</p>	<ul style="list-style-type: none"> • Substances and the Media
<p>To know what to do in an emergency</p>	<ul style="list-style-type: none"> • What To Do In An Emergency
<p>To learn about FASD (Fetal Alcohol Spectrum Disorder)</p>	<ul style="list-style-type: none"> • Fetal Alcohol Spectrum Disorder
<p>To learn about hot topics in substance use</p>	<ul style="list-style-type: none"> • Hot Topics
<p>To learn more about drugs and drug types</p>	<ul style="list-style-type: none"> • The Drugs Wheel