

Substance Use Education

Stage: Second	Lesson: Emergencies and Basic First Aid
<p>Expected national standards for each level: Performs basic first aid procedures, for example, minor bleeding and burns, recovery position. Explains how to contact the appropriate emergency services giving full details of the incident and location.</p>	
<p>Substance Misuse Experiences and Outcomes: HWB 2-42a I know of actions I can take to help someone in an emergency.</p>	
<p>Resources Required for Lesson: Paper and pen, access to computer/screen for British Red Cross ‘how to’ videos.</p>	
<p>Activity</p> <p>In groups, ask the children to think of a first aid scenario. This could be something they have seen on the television or something they have experienced in real life.</p> <p>Ask the students to produce a table with two columns; in the first column they list any dangers or hazards in their scenario and in the second they describe how they would deal with each one.</p> <p>Next, invite the children to role play a 999 call for the first aid scenarios they thought of earlier. They could practice highlighting the appropriate emergency services, giving full details of the incident, and location, of each scenario.</p> <p><i>Life. Live it. First Aid Education for children</i> by the Red Cross has education materials for children aged 5-11. They provide ‘how to’ videos and quizzes, and simple steps to follow for different first aid situations. https://www.redcross.org.uk/get-involved/teaching-resources/life-live-it</p>	