

Substance Use Education

Stage: Senior	Lesson: Driving Under the Influence
Resources Required for Lesson: Internet access, flip chart paper, pens	
Main Activities: In this session, young people will be asked to consider drink and drug driving. Ask the group to look at the following pages on the Young Scot website. Drink Driving, The Myths Drug Driving, The Facts Next, divide the group into smaller groups. Ask each group to draw a line down the middle of a flip chart piece of paper. Next, list all the reasons someone might drink alcohol / use drugs, and then drive. Once they have written down their ideas, swap their sheets with other groups. Now they have to come up with 'solutions' to the reasons that are written on the sheet. Once this task is complete, share the solutions with the whole group. The Scottish Government are planning to set drug driving limits. Have a discussion about what this policy might be like. What would limits be set at? Would limits be the same for all drugs? What if you're using prescribed drugs as directed by your GP? Would penalties be more serious than drink driving?	