

Substance Use Education

Stage: Senior	Lesson: Fetal Alcohol Spectrum Disorder
Resources Required for Lesson: Internet access , poster making materials	
Main Activities: Use the H-SAT to guide the young people to websites about FASD. This paper from the HADP may also help http://www.highland-adp.org.uk/userfiles/file/hadp_publications/FASD-Estimates-in-Highland.pdf Using the information they have found, ask the young people to create posters to increase awareness of FASD for the following groups: <ul style="list-style-type: none">• Women of child bearing age• Pregnant women• Expecting parents that are not pregnant• Family planning services• Midwives• The general population Ask the young people to share their work with the other groups. End with a round of 'what I learned was...'. 	