

Substance Use Education

Stage: Third to Fourth	Lesson: Tobacco and the Environment
<p>Expected national standards for each level: Explains the potential impact of short and long term substance use on health and life, including legal implications. Compares current national and international statistics related to the impact of substance misuse.</p>	
<p>Substance Misuse Experiences and Outcomes: HWB 4-38a I understand the positive effects that some substances can have on the mind and body but I am also aware of the negative and serious physical, mental, emotional, social and legal consequences of the misuse of substances. HWB 4-43c I understand the local, national and international impact of substance misuse.</p> <p>*Please note this lesson plan best fits into Experiences and Outcomes for this level, however this could be addressed at other levels from Secondary as a learning activity for younger pupils.</p>	
<p>Resources Required for Lesson: Tobacco and the Environment Display, available from HIRS. Tobacco and the Environment information sheet.</p>	
<p>Main Activities:</p> <p>Begin by looking at the Display and going through each section, guided by the additional information in the resource sheet.</p> <p>Have a discussion with the young people.</p> <p>What was the most interesting point for them? What was new to them? In what ways did the resources complement each other?</p> <p>Do they feel this information is well known? If they were to share one point from this, what would it be? What would be most interesting to other people, eg younger family, parents and carers, peers, policy makers at the school / council, etc.</p> <p>What could be done next? Ask the young people for ideas. They might want to organise a clean up around the school, or at park or other gathering space, or a beauty spot. They might want to do more to encourage parents / carers not to smoke at school gates, including at the feeder primary schools. They might look for ways to recycle these materials.</p> <p>To support further learning, young people could read references in the information sheet as well. Or investigate, have any local wild fires been thought to have been started by a discarded cigarette? What was the impact? What could be done to reduce the risk of this happening again?</p>	